



# Newsletter, September 8-12, 2016

Volume 13, Issue 14

## Farm News

We are ready for a little bit of rain here! Maybe we got spoiled this season with the nice come-and-go of sunshine and rainstorms, but now we've entered the third week of irrigating.

Fortunately, there is plenty of water in the pond to take us through this growing year – we just expected some wetter weather this time of year.

**A note regarding Fox Creek Farm CSA heirloom tomatoes.** The heirloom tomatoes are at their prime, and we are harvesting lots. We are trying to walk the tight line between ripeness and shelf life, but we think heirloom tomatoes deserve to be picked at their prime. And that is ripe. So we are making a concession in favor of taste. It means however that the heirlooms in your share will likely not last to the end of the week – eat them first and enjoy their rich flavors!

**Garlic work party (II). This Saturday, September 10.** We will be clipping, grading and cleaning a good part of our 2016 garlic crop. Starts at 9:00 AM at our new barn, mid-morning coffee break, followed by another famous potluck lunch at about 12:30 in our main barn. It would be great if you can bring your own place settings. We'll call it the day by 4:00 PM, ready or not. And yes, we barter garlic for your help! (we will deliver all barter garlic in the following week).

**CSA plans for 2017.** Behind the scenes we are working on our CSA plans for 2017. Amongst other things, we are working on the development of some additional pick-up sites, and a much better membership referral program. More about this in upcoming newsletters. What remains is that we are still very committed to continue farming for you and other CSA members!

**U-pick:** The U-pick garden has never seen as many families visiting as in the past Labor Day weekend. There are still lots of flowers, herbs & cherry tomatoes to pick – stop by at the farm if you get a chance!

Enjoy this week's harvest,

your farmers,

A handwritten signature in cursive script that reads "Raymond Et Sara".

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*Pictures: first page – Very nice looking garlic. Summer share! Striped German Heirloom tomatoes). On this page: our Percheron, Tex, now has a pasture buddy named Lucy!*

### In this week's full share:

**Garlic, Fresh White Onions, Heirloom Tomatoes, White Potatoes, and Lettuce**

***And*** in rotation to the sites as available;

**Swiss Chard, Kale, Basil, Summer Squash, Cucumbers, Eggplant, Red Slicer and Saladette Tomatoes, Hot Pepper, Sweet Pepper, Bell Pepper**

***And in the U-pick (still going very strong!):*** wide variety of culinary herbs, scallions, flowers, ground cherries, hot pepper, pole beans and many kinds of cherry tomatoes

## RECIPE: Greek Pasta Salad

*Frank Williams shared this Greek pasta salad recipe with us. Adjust ingredients to what you've got available and the number of eaters in your party – be creative! Please note that this is not a low-sodium dish!*

**Directions:** Make a basic vinaigrette dressing using red wine vinegar (not balsamic), dry mustard to aid emulsification, and plenty of smashed/minced garlic, salt, black pepper, fresh oregano or thyme, and extra virgin olive oil.

Meanwhile, cook the pasta al dente. Cool thoroughly cooled under cold water.

Add finely chopped onions, green peppers, celery (optional), carrots, or other seasonal vegetables, as well as parsley, Kalamata olives and feta cheese.

### **Directions to the farm:**

From Altamont: Follow Rte. 146 towards Gallupville. Approximately 10 miles out of Altamont, make a right on "Larry Hill". (\*) Go up for ¼ mile (there is a blue sided house on your left). Just past the blue house, you'll find Fox Creek Farm Road on your left going in the woods. Follow this road to the end. From Rt. 443: Turn on 146 in Gallupville for approximately 2 miles. Make a left on "Larry Hill". Follow directions as above (starting at (\*)).

From Schenectady: take Rt. 7 towards Duaneburg. At the light in Quaker Street, make a left on Darby Hill, then make your first right on Gallupville Road. When you cross the Schoharie/Schenectady County line, Gallupville Road turns into Larry Hill. Continue on Larry Hill until you can make a right on Fox Creek Farm Road. Follow to end (if you've gotten to Rt. 146 off Larry Hill, you have gone ¼ mile too far. Turn around and find Fox Creek Farm Road on your left).