



# Newsletter, June 22 – June 27, 2017

Volume 14, Issue 2

## Farm News

Opportunists. We never thought we would be able to put just one sticker on ourselves, but that is what this weather is making us.

When the fields get just dry enough to work – either to weed, seed, plant, or till, we celebrate the moment with unknown enthusiasm. We are all putting in some very long days to keep up with all that needs to be done, before the next rain front moves in. It is paying off, however – we are still on schedule with our farm plan. But it would be nice to break the cycle of opportunism in exchange for some more seasonal weather!

We hope you all enjoyed the first produce of the season. As we started planting by early April, it is so nice to hear your comments about quality and freshness – it's a great reward for all our work! Thank you!

**Farm tour, June 24, 9:00 to 10:00 AM:** meet your farmers and other CSA members at our early season farm tour, Saturday June 24. Meet us at the barn at 9:00. We'll hike around the farm, teach you about our farming practices, meet Johanna's chickens and get up close with Tex, our Percheron draft horse. This is a great opportunity to learn more about your farm! Bring your walking shoes.

**Family Farm 4-H Club plant sale:** Fox Creek Farm is home to the Family Farm 4-H Club. The club has a garden on the farm, and over the years, the kids have grown some awesome produce. On Thursday, June 22 they continue their fundraiser plant sale during CSA pick-up hours at the farm. If you are still looking for some plants to add to your garden, this is the last call!

**Johanna's eggs:** Johanna continues her layer project. She is selling her eggs at the farm during CSA pick-up hours (Thursday, 4-6 PM), on a first come, first served basis, or you can talk her into a season of farm fresh eggs by making a season-long commitment.

Enjoy this week's harvest, your farmers,

*Raymond & Sara*



Fox Creek Farm, c/o Sara and Raymond Luhrman  
182 Fox Creek Farm Road, Schoharie, NY 12157  
(518) 872-2375

[foxcreekfarmcsa@earthlink.net](mailto:foxcreekfarmcsa@earthlink.net)

[www.foxcreekfarmcsa.com](http://www.foxcreekfarmcsa.com)

## In this week's full share:

Lettuce  
Mesclun salad mix  
Garlic scallions

*And* in rotation to the sites as available;

Greenhouse Summer squash  
Spinach  
Edible-podded Snap Peas  
Arugula  
Radish  
Pac choy (a.k.a., Bok choy)  
Broccoli



Our first CSA shares made it to the new Tricentennial Park location! On the first page: a view of the farm & some very healthy looking high tunnel tomatoes

## Recipe: Arugula “Pesto”

We found this recipe in a cookbook somewhere long ago, but by now we think we can call it a Fox Creek Farm classic. It's a very nice way to eat arugula, to our humble opinion. Spread it on crusty bread, mix it with noodles, or add it to sandwiches for a zing!

2 cups loosely packed arugula  
¼ cup walnuts  
1-2 Garlic scallion(s), chopped  
2 T parmesan or Romano cheese, more to taste  
Salt and freshly milled black pepper  
¼ cup olive oil

Combine the arugula, walnuts, garlic, cheese, and salt and pepper to taste in a food processor and process until finely chopped. Gradually add the oil through the feed tube of the processor with the motor running, until the mixture is a smooth paste.

**Directions to the farm:** From Altamont: Follow Rte. 146 towards Gallupville. Approximately 10 miles out of Altamont, make a right on “Larry Hill”. (\*) Go up for ¼ mile (there is a blue sided house on your left). Just past the blue house, you'll find Fox Creek Farm Road on your left going in the woods. Follow this road to the end. From Rt. 443: Turn on 146 in Gallupville for approximately 2 miles. Make a left on “Larry Hill”. Follow directions as above (starting at (\*)).

From Schenectady: take Rt. 7 towards Duaneburg. At the light in Quaker Street, make a left on Darby Hill, then make your first right on Gallupville Road. When you cross the Schoharie/Schenectady County line, Gallupville Road turns into Larry Hill. Continue on Larry Hill until you can make a right on Fox Creek Farm Road. Follow to end (if you've gotten to Rt. 146 off Larry Hill, you have gone ¼ mile too far. Turn around and find Fox Creek Farm Road on your left).